**VISAA WRESTLING SEEDING CRITERIA AND PROCEDURES**

* Seeding meeting will take place by the Wednesday before the VISAA State Championship tournament. Participants:
  + Northern Region Rep (voting)
  + Central Region Rep (voting)
  + Eastern Region Rep (voting)
  + Western Region Rep (voting)
  + VISAA Wrestling chairman (tie-break voting only)
  + TrackWrestling Director (non-voting, recorder)
* Seeding Criteria is the same as agreed upon by the National Prep Wrestling board. The NPW Seeding criteria is as follows:
  + National Prep Seeding Criteria is to be used as a guideline as not all situations fit in the criteria. Exceptions to this will be decided by the vote of the seeding committee.

1. Head to Head in the current season (not preseason tournaments)

A) If split or a tie, the most recent win will get the seed

B) If more than 2 matches, the one with more wins will get the higher seed

1. Win over common opponent in current season
2. Body of work over the current season(placing in national tournaments particularly with many National Prep Wrestlers, Beast, Ironman, Powerade, ETR,...)
3. Qualifier placement
4. Head to Head win last season
5. Returning place-winner at the same weight
6. Returning place-winner at a different weight
7. Committee Vote

* Seeds will be posted on TrackWrestling at the conclusion of the Seeding meeting on Wednesday evening.
* Appeal Process:
  + Coaches with disagreements with seeds are allowed to “appeal” by writing up any argument (*based on the seeding criteria*) for an adjustment to be made and submit it to their region representative by 6:00pm on the Thursday before the VISAA State Championship tournament.
  + The region representative will pass the appeal along to the VISAA Wrestling Committee, the committee will review the submitted information, and a vote will be cast as the final decision.